

CURRICULUM VITAE
TROY S. WATSON, M.D.

BUSINESS ADDRESS:

The Foot and Ankle Institute at
Desert Orthopaedic Center
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Las Vegas, NV 89109
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BOARD CERTIFICATION: Orthopaedic Surgery - July 2002

PRACTICE HISTORY: Desert Orthopaedic Center
Director, Foot and Ankle Institute, 2000 - Present

POST DOCTORAL TRAINING:

Fellowship: Miller Orthopaedic Clinic, Inc.
Subspecialty: Foot and Ankle
Robert Anderson, MD and W. Hodges Davis, MD
Charlotte, North Carolina
1999 - 2000

Residency: Tulane University School of Medicine
Department of Orthopaedic Surgery
New Orleans, Louisiana
1995 - 1999

Internship: University of California at Los Angeles (UCLA)
Department of General Surgery
Los Angeles, California
1994 - 1995

EDUCATION:

Medical School: Georgetown University School of Medicine
Washington, D.C.
Doctor of Medicine
1990 - 1994

Graduate School: University of Southern California
Los Angeles, California
Master of Science – Anatomy and Cell Biology
1988 - 1990

Undergraduate: University of Southern California
Los Angeles, California
Bachelor of Science – Biological Sciences
Minor – Business Administration
1983 - 1987

ACADEMIC HONORS:

Georgetown University: Alpha Omega Alpha (top 10% of class)

University of Southern California: Dean's List (five semesters)
Trojan Academic Excellence Award
Freshman Writing Honors
Golden Key National Honor Society

ACTIVITIES:

Georgetown University: Intramural football, basketball, racquetball
Continuing education – Spanish
Curriculum Committee Chairman
Drug and Alcohol Outreach Program
Member of AMSA, MSDC
American College of Sports Medicine

University of Southern California: Sigma Chi Fraternity
Trojan Knights – campus service organization

COURSES:

Advanced Foot and Ankle Course – 2002
San Francisco, California

Regional Review Course in Foot and Ankle – 1997
New Orleans, Louisiana

Scottish Rite Pediatric Orthopaedic Seminar – 1997
Atlanta, Georgia

Anderson Clinic Total Joint Conference – 1996
Arlington, Virginia

Enneking Musculoskeletal Pathology Course – 1996
St. Augustine, Florida

Regional Review Course in Hand Surgery – 1995
New Orleans, Louisiana

AO Basic Course – 1995
New Orleans, Louisiana

INTERESTS:

Hiking, fitness, running, golf, photography

EDITOR:

1. **Techniques in Foot and Ankle Surgery**, Lippincott, Williams and Wilkins, 2002 – present.

PRESENTATIONS:

1. **Watson, T.:** *Metatarsalgia/MTP Instability/Neuromas*, Complete Foot Care Course, American Orthopaedic Foot and Ankle Society, Las Vegas, Nevada, September 13-15, 2007.
2. **Watson, T.:** *Coding: What You Need to Know*, Complete Foot Care Course, American Orthopaedic Foot and Ankle Society, Las Vegas, Nevada, September 13-15, 2007.
3. **Watson, T.:** *Peroneal Tendon Tears*, Complete Foot Care Course, American Orthopaedic Foot and Ankle Society, Las Vegas, Nevada, September 13-15, 2007.
4. **Watson, T.:** *GraftJacket Augmentation for Chronic Achilles Tendon Ruptures*, Science Symposium and Advanced Fixation Workshop, Wright Medical, San Diego, California, August 3-4, 2007.
5. **Watson, T.:** *Treatment of the Flexible Flatfoot Deformity*, Masters Foot and Ankle Course, Arthrex, Naples, Florida, June 2nd, 2007.
6. **Watson, T.:** *Treatment of Insertional Achilles Tendonitis with Suture-Bridge*, Masters Foot and Ankle Course, Arthrex, Naples, Florida, June 2nd, 2007.
7. **Watson, T.:** *Lesser MTP Deformities*, Advances in Foot and Ankle Surgery, Cutting Edge Techniques in Fixation, Biologics and Chronic Wound Management, Wright Medical, New York, New York, December 8-9, 2006.
8. Easley, M., Trnka, H., Donley, B., Davis, H., **Watson, T.**, Bibbo, C., Jones, C.: *Bunion and Forefoot Roundtable*, Advances in Foot and Ankle Surgery, Cutting Edge Techniques in Fixation, Biologics and Chronic Wound Management, Wright Medical, New York, New York, December 8-9, 2006.
9. **Watson, T.:** *Talar OCD Lesions, Treatment Options*, Advances in Foot and Ankle Surgery, Cutting Edge Techniques in Fixation, Biologics and Chronic Wound Management, Wright Medical, New York, New York, December 8-9, 2006.

10. **Watson, T.:** *The Work-Up: Metatarsalgia*, Top 15 Foot and Ankle Problems, American Academy of Orthopaedic Surgeons, Arlington, VA, November 10-11, 2006.
11. **Watson, T.:** *Matatarsalgia and Hallux Rigidus: Cases/Discussion*, Top 15 Foot and Ankle Problems, American Academy of Orthopaedic Surgeons, Arlington, VA, November 10-11, 2006.
12. Fitzgibbons, T., Chiodo, C., Quill, G., **Watson, T.:** *Office Coding*, Top 15 Foot and Ankle Problems, American Academy of Orthopaedic Surgeons, Arlington, VA, November 10-11, 2006.
13. **Watson, T.:** *Lisfranc ORIF*, Top 15 Foot and Ankle Problems, American Academy of Orthopaedic Surgeons, Arlington, VA, November 10-11, 2006.
14. **Watson, T.,** Davis, H., Den Hartog, B., *Foot and Ankle CPT: Coding*, Top 15 Foot and Ankle Problems, American Academy of Orthopaedic Surgeons, Arlington, VA, November 10-11, 2006.
15. **Watson, T.:** *Metatarsalgia, MTP Instability, Neuromas*, Complete Foot Care Course, American Orthopaedic Foot and Ankle Society, Columbus, Ohio, April 7-9, 2006.
16. **Watson, T.,** Penner, M.: *Braces: What/When/How to Order*, Complete Foot Care Course, American Orthopaedic Foot and Ankle Society, Columbus, Ohio, April 7-9, 2006.
17. **Watson, T.,** Penner, M: *Anatomy: Topographical and Functional Anatomy*, Complete Foot Care Course, American Orthopaedic Foot and Ankle Society, Columbus, Ohio, April 7-9, 2006.
18. **Watson, T.:** *Charcot Arthropathy*, Complete Foot Care Course, American Orthopaedic Foot and Ankle Society, Columbus, Ohio, April 7-9, 2006.
19. **Watson, T.:** *Metatarsalgia: The Work-Up*, Top 15 Foot and Ankle Problems, American Academy of Orthopaedic Surgeons, Phoenix, Arizona, November 11-13, 2005.
20. Flemister, S., Juliano, P., **Watson, T.:** *Office Inventory – Show and Tell of “What is needed”*, Top 15 Foot and Ankle Problems, American Academy of Orthopaedic Surgeons, Phoenix, Arizona, November 11-13, 2005.
21. **Watson, T.:** *Diabetic Foot Surgery: Cases/Discussion*, Top 15 Foot and Ankle Problems, American Academy of Orthopaedic Surgeons, Phoenix, Arizona, November 11-13, 2005.
22. **Watson, T.,** Anderson, J., McGarvey, W.: *Foot and Ankle CPT: How to Optimize Coding and Reimbursement*, Top 15 Foot and Ankle Problems,

American Academy of Orthopaedic Surgeons, Phoenix, Arizona, November 11-13, 2005.

23. **Watson, T.:** *Foot and Ankle Coding: How to Optimize Coding and Reimbursement*, Innovations in Foot and Ankle Surgery, American Academy of Orthopaedic Surgeons, Chicago, Illinois, October 15-17, 2004.
24. **Watson, T.:** *Hallux Rigidus: Diagnostic and Treatment Strategies for the Foot and Ankle*, Innovations in Foot and Ankle Surgery, American Academy of Orthopaedic Surgeons, Chicago, Illinois, October 15-17, 2004.
25. **Watson, T.:** *Corns, Calluses, Clavus, Warts*, Complete Foot Care Course, American Orthopaedic Foot and Ankle Society, New Orleans, Louisiana, May 14-16, 2004.
26. **Watson, T.:** *Evaluation and Treatment of the Charcot Foot*, Complete Foot Care Course, American Orthopaedic Foot and Ankle Society, New Orleans, Louisiana, May 14-16, 2004.
27. **Watson, T., Berlet, G.:** *Anatomy (Topographic and Gross) and Radiology of the Foot*, Complete Foot Care Course, American Orthopaedic Foot and Ankle Society, New Orleans, Louisiana, May 14-16, 2004.
28. **Watson, T.:** *Treatment of Chronic Achilles Tendon Ruptures*. Tulane University 2nd Annual Foot and Ankle Symposium, New Orleans, Louisiana, December 4 – 6, 2003.
29. **Watson, T.:** *Turf Toe Injuries*. Tulane University 2nd Annual Foot and Ankle Symposium, New Orleans, Louisiana, December 4 – 6, 2003.
30. **Watson, T.:** *The Diabetic Foot*. International Association of Orthotics and Prosthetics, New Orleans, Louisiana, June 20 – June 22, 2002.
31. **Watson, T.:** *Foot Care for the Primary Care Physician*. Teaching Rounds, Nevada School of Medicine, Family Practice Residents, April, 2002.
32. **Watson, T.:** *The Diabetic Foot*. International Association of Orthotics and Prosthetics, Las Vegas, Nevada, June, 2001.
33. **Watson, T.:** *Digital Photography for the Orthopaedic Surgeon*. Scientific Exhibit, American Academy of Orthopaedic Surgeons, San Francisco, California, February 28 – March 2, 2001.
34. **Watson, T.:** *Digital photography for the academic orthopaedic surgeon*. Presented at the Annual Resident's Visiting Professor Program, Carolinas Medical Center, Charlotte, North Carolina, May 12, 2000.
35. **Watson, T.:** *Foot and Ankle Trauma*. Presented at the North Carolina Association of Self-Insurers Meeting and Education Conference, Wrightsville Beach, North Carolina, April 7, 2000.

36. **Watson, T.:** *Turf toe injuries in athletes.* Presented at Orthopaedic Grand Rounds, Carolinas Medical Center, Charlotte, North Carolina, March 14, 2000.
37. **Watson, T.:** *Cadaver Foot Anatomy.* Presented at the Athletic Injuries of the Foot and Ankle Symposium, Carolinas Medical Center, Charlotte, North Carolina, January 22, 2000.
38. **Watson, T.:** *The Diabetic Foot: Latest Advances.* Moderator at Orthopaedic Grand Rounds, Carolinas Medical Center, Charlotte, North Carolina, January 17, 2000.
39. **Watson, T.,** Haddad, C., Jenne, J., Dickson, K.: *Outpatient management of low velocity gunshot induced fractures.* Southern Orthopaedic Association, New Orleans, Louisiana. November 21, 1998
40. **Watson, T.,** Haddad, C., Jenne, J., Dickson, K.: *Outpatient management of low velocity gunshot induced fractures.* Louisiana Orthopaedic Association, New Orleans, Louisiana. November 20, 1998
41. **Watson, T.,** Riccardi, J., Whitecloud, T.: *Newer techniques in occipitocervical fusion.* Louisiana Orthopaedic Association, New Orleans, Louisiana. November 14-16, 1996.
42. Vangsness, C.T., Jr., Jorgenson, S.S., **Watson, T.,** Johnson, D.L.: *The origin of the long head of the biceps from the scapula and glenoid labrum.* An anatomical study of 100 shoulders. Poster exhibit at the American Academy of Orthopaedic Surgeons, San Francisco, California. February 21, 1993.
43. Vangsness, C.T., Jr., **Watson, T.,** Saadatmanesh, V., Moran, K.: *Pulsed Ho:YAG laser meniscectomy: effect of pulsewidth on tissue penetration rate and lateral thermal damage.* The American Society for Laser Medicine and Surgery, 12th Annual Meeting, Orlando, Florida. May 17-19, 1992.
44. Vangsness, C.T., Jr., **Watson, T.,** Saadatmanesh, V., Moran, K.: *Pulsed Ho:YAG laser meniscectomy: effect of pulsewidth on tissue penetration rate and lateral thermal damage.* The International Society for Laser Surgery and Medicine Conference, Los Angeles, California. November 2-6, 1991.

CHAIRMAN/MODERATOR:

1. **Watson, T.:** Moderator, *The Forefoot Symposium*, Complete Foot Care Course, American Orthopaedic Foot and Ankle Society, Las Vegas, Nevada, September 13-15, 2007.
2. **Watson, T.:** Course Chairman, Complete Foot Care Course, American Orthopaedic Foot and Ankle Society, Las Vegas, Nevada, September 13-15, 2007.
3. **Watson, T.,** Smith J.: Moderator, Paper Session, *Bunions*, American Orthopaedic Foot and Ankle Society 23rd Annual Summer Meeting, Toronto, Canada, July 13-15, 2007.

4. **Watson, T.:** Moderator, *Common Sports Injuries*, Advances in Foot and Ankle Surgery, Cutting Edge Techniques in Fixation, Biologics and Chronic Wound Management, Wright Medical, New York, New York, December 8-9, 2006.
5. **Watson, T.:** Moderator, *Metatarsalgia*, Top 15 Foot and Ankle Problems, American Academy of Orthopaedic Surgeons, Arlington, VA, November 10-11, 2006.
6. **Watson, T.:** Moderator, *Hallux Rigidus*, Top 15 Foot and Ankle Problems, American Academy of Orthopaedic Surgeons, Arlington, VA, November 10-11, 2006.
7. **Watson, T.:** Moderator, *Foot and Ankle CPT: Coding*, Top 15 Foot and Ankle Problems, American Academy of Orthopaedic Surgeons, Arlington, VA, November 10-11, 2006.
8. **Watson, T.:** Moderator, *Diabetes Symposium*, Complete Foot Care Course, American Orthopaedic Foot and Ankle Society, Columbus, Ohio, April 7-9, 2006.
9. **Watson, T., Penner, M.:** Moderator, *Physician and Physician Assistants Focus Group*, Complete Foot Care Course, American Orthopaedic Foot and Ankle Society, Columbus, Ohio, April 7-9, 2006.
10. **Watson, T., Philibin, T.:** Moderator, *Nurses Focus Group*, Complete Foot Care Course, American Orthopaedic Foot and Ankle Society, Columbus, Ohio, April 7-9, 2006.
11. **Watson, T.:** Moderator, *Diabetic Foot Surgery: Cases/Discussion*, Top 15 Foot and Ankle Problems, American Academy of Orthopaedic Surgeons, Phoenix, Arizona, November 11-13, 2005.

PUBLICATIONS:

1. **Watson, T., Shurnas, P.:** The Proximal Opening Wedge Osteotomy for the Correction of Hallux Valgus Deformity, submitted for publication, *Foot and Ankle Techniques*, 2007.
2. **Watson, T.:** Soft Tissue Complications of Calcaneal Fractures. *Foot and Ankle Clinics*, March 2007.
3. **Watson, T., Anderson, R.:** Turf Toe. American Academy of Orthopaedic Surgeons Publication, in *Advanced Reconstruction*, Foot and Ankle, 2004.
4. **Watson, T., Anderson, R., Davis, W.H., Kiebzak, G.:** Distal tarsal tunnel release with partial plantar fasciotomy for chronic heel pain: An outcome analysis. *Foot and Ankle International*, 23(6): 530-537, June 2002.
5. **Milia, M.J., Watson, T., Berlet, G.C., Anderson, R.B., Davis, W.H., Kiebzak, G.M.:** *Plantar approach for isolated fibular hallux*

- sesamoidectomy*. Poster exhibit, American Academy of Orthopaedic Surgeons, San Francisco, California, February 28 – March 2, 2001.
6. Dickson, K., **Watson, T.**, Haddad, C., Jenne, J., Harris, M.: Outpatient Management of Low-Velocity Gunshot-Induced Fractures. *Orthopedics*, 24(10): 951-954, 2001.
 7. **Watson, T.**, Anderson, R.B., Davis, W.H.: Periarticular injuries to the hallux metatarsalphalangeal joint in athletes. *Foot and Ankle Clinics*, 5:3: 687-713, 2000.
 8. Vangsness, C.T. Jr., **Watson, T.**, Saadatmanesh, V., Moran, K.: Pulsed Ho:YAG laser meniscectomy: effect of pulsewidth on tissue penetration rate and lateral thermal damage. *Lasers in Surgery and Medicine*, 16(1): 61-65, 1995.
 9. Vangsness, C.T., Jr., Jorgenson, S.S., **Watson, T.**, Johnson, D.L.: The origin of the long head of the biceps from the scapula and glenoid labrum. An anatomical study of 100 shoulders. *The Journal of Bone and Joint Surgery, British*, 76-B: 951-954, 1994.

COURSE FACULTY:

1. Top 15 Foot and Ankle Problems, American Academy of Orthopaedic Surgeons, San Antonio, Texas, November 2-4, 2007.
2. 2nd Annual Fellowship Symposium, Arthrex, Naples, Florida, October 19-20, 2007.
3. Complete Foot Care Course, American Orthopaedic Foot and Ankle Society, Chairman, Las Vegas, Nevada, September 13-15, 2007.
4. Complex Reconstruction in the Foot and Ankle, Science Symposium and Advanced Fixation Workshop, Wright Medical, San Diego, California, August 3-4, 2007.
5. American Orthopaedic Foot and Ankle Society 23rd Annual Summer Meeting, Toronto, Canada, July 13-15, 2007.
6. Masters Foot and Ankle Course, Arthrex, Naples, Florida, June 2nd, 2007.
7. Advances in Foot and Ankle Surgery, Cutting Edge Techniques in Fixation, Biologics and Chronic Wound Management, Wright Medical, New York, New York, December 8-9, 2006.
8. Top 15 Foot and Ankle Problems, American Academy of Orthopaedic Surgeons, Arlington, VA, November 10-11, 2006.
9. Complete Foot Care Course, American Orthopaedic Foot and Ankle Society, Columbus, Ohio, April 7-9, 2006.

10. Top 15 Foot and Ankle Problems, American Academy of Orthopaedic Surgeons, Phoenix, Arizona, November 11-13, 2005.
11. Innovations in Foot and Ankle Surgery, American Academy of Orthopaedic Surgeons, Chicago, Illinois, October 15-17, 2004.
12. Complete Foot Care Course, American Orthopaedic Foot and Ankle Society, New Orleans, Louisiana, May 14-16, 2004.
13. 2nd Annual Tulane Foot and Ankle Symposium, New Orleans, Louisiana, December 4-6, 2003.
14. International Association of Orthotics and Prosthetics, New Orleans, Louisiana, June 20 – June 22, 2002.
15. International Association of Orthotics and Prosthetics, Las Vegas, Nevada, June 2001.